

# INSTRUCTIONS - RELAY

**Friday, July 7**

**Type of competition:** Championship of the Czech republic in relay, 3,5 MHz

**Start area:** near the **hotel Svratka** (49°42'47.926"N, 16°3'7.998"E)

**Transportation:** **Only on foot!**- follow the instructional map (there wo'nt be ribbons)  
Distance between the school and the hotel **approx 2500m**

**Forbidden area:** **the forest around the hotel Svratka**

## **Time schedule:**

**9:45 – 10:00** Receivers including spare ones have to be handed in at start line  
until 10:15 all competitors have to arrive at start area

**10:30** **START 00**

until 10:45 competitors have to move to the „quarantine“ area

**Handind of recievers:** in the start area – follow the organizers orders (recievers will be handed in in order of categories and relay sections)

## **Quarantine:**

All competitors between arrival to start area and their own start have to stay in marked area (= quarantine). Late arrival to the quarantine area or abandonment of it can be a reason for disqualification of whole relay team!

**Start:** The first relay sections will start together by categories (preparation time: 5 min)

Every competitor is obliged to erase his chip and do the check before entering the start!

First starts: **00 = M20**

**05 = M19**

**10 = D14, D20**

**15 = D19, M40**

**20 = M14, D35**

**30 = MIX**

**Time limit:** **120 minutes for one relay team (all 3 sections together)**

**Map:** scale 1 : 5000, size A4 – waterproof, with start/finish/beacon and S markec  
first relay sections will recieve the map at the start line, second and third sections after changeover of sections (together with their recievers)

**List of searched Tx:** for every relay section will be written on its map

**Frequency:** **TX 1-5 - 3,51 MHz (12 sec)**

**TX R1-R5 – 3,57 MHz (12 sec)**

**S – 3,54 MHz (permanent)**

**majak - 3,60 MHz (permanent)**

## **Additional information:**

Follow the rules and FAIR PLAY – before the competition it's forbidden to enter the forest, no contact between competitors in the finish area and those who still wait in the quarantine. It's forbidden to enter the hotel in running shoes! For toilet use JOHNY WC.

There will be possibilities to buy refreshment in the finish area and also there will be a stand of company O-RUN (clothing focused on runners, especyaly orienteering).